

HISTORY OF ARTS

Note to the Teacher

This chapter traces the major artistic developments across the Visual and Performing arts in a chronological timeline. This will help students develop a perspective in art history. The chapter is broadly divided into four time periods to give an idea about the techniques and styles that characterise the Arts of each time period. Artefacts, textual records, historical monuments, etc., would introduce students to the cultural rootedness of our country. Glimpses of artistic developments from other parts of the world have also been given. The chapter additionally emphasises the importance of oral histories and living traditions that continue to be practised today. The suggested discussions, explorations, and hands-on activities provided through the chapter would help students understand the relevance of diverse cultural histories, and find inspiration for their own creative work. Since it is difficult to do justice to the diversity of art forms across India and the world in a single chapter, it is important that students explore histories of various art forms beyond the examples given in this textbook.

Learning Outcomes That Can Be Assessed

Curricular Goals	Competencies	Learning Outcomes
1	C-1.2	Interact with peers, teachers, family members, and artists in their community to know more about the Arts practices
1	C-1.2	Create artwork inspired by the ideas and processes from art history
3	C-3.2	Identify and discuss the evolution of materials, processes, and techniques used in various art forms

4	C-4.1	Trace the historical development of Visual Arts, Theatre, Music, and Dance with examples
4	C-4.1	Identify the continuing ideas, practices, and art traditions mentioned in ancient Indian texts and treatises
4	C-4.1	Discuss and correlate the geographic, social, and cultural linkages across art forms that share a common time period
4	C-4.2	Explain why they find an artwork or performance relevant to their interests, experience, and present social context

1 Introduction to the History of Arts

Our Cultural Heritage

India that is Bharat has a heritage of about 5,000 years that can be seen, heard, and experienced through a rich range of artefacts, monuments, artworks, manuscripts, musical instruments, clothing, jewellery, masks, props, and diverse performance traditions. Ancient Indian scriptures speak of 64 *kalās*—arts and skills meant to ensure the holistic development of an individual's character and personality. These not only included painting, music, crafts, drama, dance, and literature, but also sciences such as herbal medicine, carpentry, metallurgy, cuisine, etc. They even covered aspects of everyday life, such as decorating living spaces, grooming, conversation, and the art of waking someone with music. Thus, many activities in life were connected to aesthetic expressions.



Fig. 1.1: Rock paintings, Bhimbetka Rock Shelters, Madhya Pradesh

While studying this chapter, keep the following points in mind:

1. The history of performing arts is constructed from evidence such as ancient texts and inscriptions, as well as art and artefacts that

depict performers, musical instruments, and other objects associated with performance traditions. In addition to learning about the history of Visual Arts, many paintings, sculptures, and artefacts in this chapter also provide insights into the performing traditions.

2. It is important to read the captions of every picture carefully to learn more about the subject, materials, dimensions, and time-period of the given artworks. These details will help you trace the historical development of various art forms and discover their interconnectedness.

Tangible and intangible cultural heritage

Civilisations across the world have developed their own cultural practices and traditions. The United Nations Educational, Scientific and Cultural Organization (UNESCO) defines culture as the distinct spiritual, material, intellectual, and emotional features characterising a society. According to UNESCO, all over the world today, cultural heritage is considered to be of two kinds:



Fig. 1.2. Chhali mask, West Bengal

1. Tangible cultural heritage

includes physical and material expressions of culture, which can be in the form of artefacts, monuments, artworks, manuscripts, musical instruments, clothing, jewellery, masks, props, tools, and other physical objects.

2. **Intangible cultural heritage** includes traditions and living expressions inherited from our ancestors and passed down to future generations. These include oral traditions, performing arts, social practices, rituals, festive events, knowledge, and practices related to nature and the universe, as well as the skills required to create traditional crafts.



Fig. 1.3. Participants in Kala Utsav sing the harvest song of Meghalaya

Let us explore

Which artistic practices and traditions around you can be categorised as either tangible or intangible cultural heritage?

Purpose of the Arts

The Arts are a foundational part of our cultural heritage and have consistently provided new ways for people to express their ideas, thoughts, and feelings. The practice of creating and living with the Arts has enriched societies and inspired them to pass their creative knowledge from one generation to the next. In this way, the Arts link the present with the past and nurture hope and vision for the future.

Discussion circle

How do various art forms enrich our lives?

Why should we study the history of the Arts

The knowledge of history instils awareness of and pride in our rich cultural heritage. The Arts ignite our curiosity about the time, place, techniques, and environment of the people who created them. They also help us interpret and appreciate creative ideas from different perspectives. Most importantly, they inspire us to carry forward the traditions of creative expression in the present.



Fig. 1.4. Student artwork inspired by Kalighat painting

Why timeline matters

This chapter holds special importance because it brings together four major art forms— Theatre, Music, Dance, and Visual Arts—in an integrated timeline, allowing you to see how creativity and culture have evolved as one interconnected story. Instead of learning each discipline in isolation, it lets you discover how different art traditions influenced one another, how ideas travelled across regions, and how global events shaped artistic expressions everywhere. When you study Indian and global artistic developments across art forms through the ages, you will be able to understand the uniqueness of your culture and what it shares with other cultures too. You will also discover that the timeline has many overlaps of the periods mentioned in the table.

Glimpses of the Arts of India and the world: A timeline

India	World
50,000 BCE – 4000 BCE	
Paintings in rock shelters of Bhimbetka, Madhya Pradesh; Lakhudiyar, Uttarakhand as well as other locations across India	Surviving artefacts include cave paintings in Indonesia, France, and Spain, as well as bone-flute fragments and small figurines
4000 BCE – 500 BCE	
Artefacts from the Sindhu-Sarasvati civilisation include painted pottery, jewellery, seals, bronze figurines, and a few stone sculptures. Evidence of architecture suggests the existence of well-planned towns.	Artefacts from civilisations in Mesopotamia, Egypt, and China such as pottery, jewellery, seals, sculptures in bronze and stone, musical instruments, and manuscripts
500 BCE – 600 CE	
Pillars like the lion capital of Sarnath were erected, and several <i>stapas</i> , <i>chaityas</i> , and <i>viharas</i> were constructed across the country. Sarnath, Mathura, and Gandhara became important centres of sculpture. Mural traditions developed at Ajanta and Sittannavasal. The <i>Natyashastra</i> , <i>Chitra-sutra</i> of the <i>Vishnu-dharmottara Purana</i> and <i>Silappadigaram</i> were written.	Art and culture continue to grow in Egypt, China, and other parts of the world like Greece and Rome. Major developments took place in painting, sculpture, architecture, theatre, music, and dance.
600 CE – 1200 CE	
Both rock-cut and structural temples were built and decorated with detailed carvings and sculptures. Chola bronzes, murals, and manuscript paintings are well-known examples from this period. Sanskrit and Tamil drama flourished alongside Bhakti poetry, which strongly influenced music and dance traditions. More texts on music, dance, and theatre were written.	Indian art and culture spread to Southeast Asia. Temple architecture, sculpture, music, and dance in these regions show strong influences of Buddhist and Hindu ideas.

Śhruti, Smṛiti, and Timeless Traditions

Humans likely developed oral traditions much before the invention of writing. Parents and elders pass on languages, arts, and cultural experiences to their children through everyday activities—lullabies, conversations, and storytelling. All these are oral traditions that each of us has inherited. Oral traditions were also followed in the *guru-śiṣhya-paramparā* (teacher–student tradition), through which the *Vedas* were transmitted. This method is linked to the idea of *śhruti*—‘that which is heard’—emphasising learning through careful listening.

The *Rāmāyaṇa*, *Mahābhārata*, *Purāṇas* and *Dharmashāstras* are written texts that are associated with *smṛiti* as they were passed on from one generation to the next through narration that was based on memory (*smṛiti*). They reflect the long and continuous narrative traditions that continue to thrive in many forms, including visual and performing arts. Across India, people retell episodes from the *Rāmāyaṇa*, *Mahābhārata*, *Purāṇas*, *Jātakas*, and local legends through their own regional styles and artistic flavours. You may know some of these traditions that are practised even today, such as *Rāmalīlā*, *Bhavāī*, *Kāvād Kathā*, *Terukūtu*, *Bayalāta*, *Paṭachitra*, and *Aṅkiyā Nāt*.



Fig. 1.5. Yakshagana string puppet, Karnataka

Early forms of performing arts can be traced to Vedic practices like the **Yajña rituals** that combined movement, dialogue, and music. The *Rigveda* mentions *Uṣhas*, the light at dawn, arriving like a bejewelled dancer. Traditions of Indian music are traced to the *Sāmaveda*, in which mantras and verses were recited as ritual chants—initially in one note, then three notes (*udātta*, *anudātta*, and *svarita*) leading to development of seven notes (*saptasvara*). The *Vedas* also mention a variety of drums like the *duṇḍubhi* (*Rigveda* 1.28.5), which were used both in times of war and peace.

In the *Rāmāyaṇa*, Lava and Kuśha, the sons of Rāma and Sita, recount the life story of their parents through the arts of drama, music, dance, and poetic narration. Pāṇini's *Aṣṭadhyāyī* mentions the **Kuśhila tradition**, describing professional singers and performers as a recognised occupation. The *Mahābhārata* mentions the **Kathaka** community of performers, who kept the exiled Pāṇḍavas in high spirits and a positive mindset through stories that were brought to life through songs, dances, and narration. Early literature also refers to the *sūtradhāra*, the

narrator who guides a performance. The *Sūta-paramparā* was an ancient storytelling tradition in which *sūtas*, or storytellers used dialogues, voice modulation, and gestures to perform narratives from the epics.

Our epics and *Purāṇas* feature a variety of arts and artists. Ugraśhravā Sauti appears as the narrator of the *Mahābhārata*. Śhiva is worshipped as Naṭarāja, the 'lord of dance', and as Nṛitapriya, the 'one who loves dance'. Rāvaṇa is described as a skilled musician who played the veena, while Kṛiṣṇa is known as Muralidhara—the enchanting flute player. Celestial beings such as apsarās, gandharvas, and kinnaras are portrayed as masters of music and dance. The *Mahābhārata* also tells us that Arjuna, during his exile, took on the guise of Brihannalā and served as a dance teacher to Princess Uttarā in the kingdom of Virāṭa.



Fig. 15 Madhubani painting of Krishna playing the flute

These wonderful traditions and literary sources continue to inspire the Arts till today. The history of Arts helps us appreciate people and their Arts practices. It shows us how traditions have evolved and stayed relevant with time, both in terms of themes as well as materials, tools, and forms employed.

50,000 BCE – 4000 BCE

The period before the invention of writing systems is known through archaeological evidence rather than written documents. Early humans left behind remarkable cave paintings, figurines, stone tools, and other artefacts that provide valuable insights into their lives. Cave paintings from this period have been discovered in many parts of the world. In India, they are found in Bhimbetka in Madhya Pradesh, Lakhudiyar in Uttarakhand, and several other caves located in Andhra Pradesh,

Karnataka, Uttar Pradesh, Jharkhand, and Bihar.

Bhimbetka is one of the oldest groups of rock shelters in India. They have cave paintings depicting animals, hunting scenes, processions, and other scenes from everyday life. The paintings were created at different periods, showing how

art evolved. The cave paintings at Bhimbetka were made using earth pigments mixed with water and a binder. Red, white, yellow, and green colours are used in these paintings.



Fig. 1.7. Painting depicting a performance scene, Bhimbetka rock shelters, Madhya Pradesh

A painting depicting people dancing with interlinked arms is shown in Fig. 1.7. Next to them stands a person holding an object that looks like a musical instrument. Some more human figures and an animal are also visible.

Lakhudiyar Caves indicating 1,00,000 lakh caves situated in Bareilly near Almora, Uttarakhand also belong to the Stone Age in the prehistoric era. Sketches of animal motifs, human figures, etc., have been found.

Related developments in global art

Cave paintings have been found in other parts of the world like Altamira in Spain, Chauvet and Lascaux in France, and Sulawesi in Indonesia. Neanderthal flutes made of bone fragments have been found in different parts of the world.



Fig. 1.8. Bone flute fragment, Slovenia, 50,000 years ago



Fig. 1.9. A bison cave painting in Chauvet, France

Paintings from this period across the world depict animals using lines and a minimal use of colour. Most of the animals in the cave paintings can be identified by their physical features.

Activity 1.1

Create a line drawing of an animal

- ❖ Make a line drawing of any animal from observation or memory.
- ❖ Pay attention to the proportions and details of other features.
- ❖ Is your animal identifiable?
- ❖ Analyse the artistic qualities in your drawing.
- ❖ The facilitator — a teacher, special teacher, or other learners can help children with special needs to draw or sketch.

4000 BCE – 500 BCE



Fig. 1.10. Unicorn seal, Harappa



Fig. 1.11. Painted terracotta pot, Sindhu-Sarasvati civilization

As early civilisations flourished along riverbeds across the world, people developed writing systems to record various aspects of their lives and cultures. The earliest script of the Indian subcontinent is found in pictographic inscriptions on seals from the Sindhu-

Sarasvati civilisation. Other artefacts from this time period show a high level of creativity and technical expertise in art practices.

The bronze figurine from Mohenjo-Daro (Fig. 1.12) was made using the **lost-wax technique** prevalent in West Bengal, Jharkhand, and Chattisgarh.

This sculpture depicts a posture with one knee bent, one hand on the waist and a slightly lifted chin.



Fig. 1.12. Bronze figurine, Mohenjo-Daro, 2500 BCE

Discussion circle

What do you think is portrayed by the pose in the figure above?

Activity 1.2

Visualise, pose, and draw

- ◆ The feet of the bronze figurine are not visible.
- ◆ Take turns to mimic the pose while imagining various positions of her feet.
- ◆ Quickly sketch the pose and various feet positions.

Related developments in global art

Artefacts from civilisations in Mesopotamia, Egypt, and China show us that the arts were an integral part of ancient cultures. They created a variety of artefacts and built fascinating monuments that can be seen even today. Many of their artefacts are housed in museums across the world. Find out more by visiting museum websites and reading books.

Cuneiform was one of the first systems of writing that developed in Mesopotamia and Persia. This cuneiform tablet with seal impressions is believed to be an administrative account of barley distribution.



Fig. 1.13, Cuneiform tablet, Clay, Sumeria, 3100-2900 BCE



Fig. 1.14, Bowl from the Majiayao culture decorated with dancing figures, China, Red Clay, 3300-2000 BCE

Thousands of everyday objects like this bowl have been found in archaeological sites of ancient civilisations across the world.

Discussion circle

Compare pottery from the Sindhu-Sarasvati civilisation with pottery from other ancient civilisations and discuss your observations.



Fig. 1.15. Pyramids at Giza, Egypt, around 2580 BCE.

The pyramids (Fig. 1.15) are monumental stone structures that were built as tombs for the Egyptian pharaohs.

A few musical instruments from ancient Egypt and Mesopotamia have survived till today.



Fig. 1.16. Arched harp. Wooden musical instrument with strings, Egypt, 1390–1295 BCE.

Let us explore

Which category of instruments do you think the harp belongs to? What role might this instrument have played in Egyptian culture?



Fig. 1.17. Ikhnofret Stela with hieroglyphic inscription, Egypt, Limestone, around 1854 BCE.

Ikhnofret was the treasurer of the Middle Kingdom in Egypt, who led ritual enactments performed annually at a place known as Abydos during a festival dedicated to the god Osiris. Fig. 1.17 shows a stone inscription that mentions specific roles, sequence of actions, symbolic costumes/props, designated spaces, and participation of the audience in ritual processions. It is considered one of the earliest examples of performance, and is known as 'Passion Play of Abydos'.

500 BCE – 600 CE

You are probably familiar with the historical developments of this time period, which you studied in Grade 7. Let us focus on the artistic developments across various art forms through some common themes.

Important texts and treatises on the Arts

As artists from diverse regions practised various art forms, each specialised their knowledge and skills in unique ways. From around 500 BCE, texts on the arts were composed, exploring artistic ideas and techniques in depth and detail. Among them are three important treatises:

1. *Nāṭyaśāstra* by Bharata Muni
2. *Viṣṇu-dharmottara Purāṇa*, containing the *Chitra-sūtra*
3. *Silappadigāram* by Ilango Adigaḷ

Why is the *Nāṭyaśāstra* important?

- ◆ It is one of the earliest known treatises on Indian arts.
- ◆ It contains structured information on techniques of drama, dance, music, and the visual arts.
- ◆ The most important contribution in this text is the *rasa* theory, which mentions eight *bhāvas* as the basis for the eight *rasas*.

Discussion circle

- ◆ Why do you think ancient scholars composed treatises that codified the arts?
- ◆ On what basis do you think they devised theories, and do you think they remained constant over time?



Note to the teacher: Keep a few videos of two different traditions of dance, music, or theatre performances ready to play in class.

Activity 1.3

Watch performances and make notes in your journal

Watch short videos of two different performances of Indian dance, music, or theatre.



As you watch the performance, note down the following—

- ❖ Postures, formations, steps, rhythms, movements, gestures, sounds, costumes, props, etc.;
- ❖ Emotions and *rasas*; and
- ❖ Aspects that you found special in the performances.

Cave architecture and *stūpa*

As Buddhism and Jainism rose in popularity, several *stūpa* (monuments that were built over the Buddha's relics), *chaityas* (prayer halls) and *vihāras* (monasteries) were built from the third century BCE onwards. The well-known sites are located in Barabar, Bharhut, Vidisha, Vaishali, Udayagiri, Khandagiri, Sarnath, Kushinagar, Amravati, Ajanta, and Ellora.



Fig. 1.18. Cave 9, Chaitya hall, Ajanta, 2nd century BCE



Fig. 1.19. Dancers and musicians portrayed in relief, Ravi Gumpfa, Udayagiri caves, 1st century BCE

Do you know?

Kauṭilya's *Arthashastra* recognises *nāṭa*, *nartakī*, *gāyaka*/vādaka as professional performers who contribute towards the state's economy.



Fig. 1.20. Four gateways (Torana) facing four directions were erected at Stupa No.1 at Sanchi between 1st century BCE and 1st century CE.

Let us recall

You have read about the *stūpa* at Sanchi in Chapter 5 of the Grade 7 Social Science textbook *Exploring Society: India and Beyond*.

Intricately carved reliefs on the four gateways of the *stūpa* depict episodes from the life of the Buddha as well as various *Jātakas* like the *Vessantara Jātaka*, *Mahākapi Jātaka*, *Syāma Jātaka*. Reading these stories will help you understand the reliefs better.

Activity 1.4

Find the Buddha in the relief panels

During the early phase of Buddhism, the Buddha was not represented in human form but through symbols like the platform under a Bodhi tree, *stūpa*, elephant, lotus, and many more. Find the symbols in these reliefs.



Fig. 1.21. The miracle of the Buddha walking on water



Fig. 1.22. A monkey offering a bowl of honey to the Buddha

Activity 1.5

Imagine the music

This relief panel depicts musicians playing a variety of instruments.

- ◆ What do you think is the occasion?
- ◆ Identify the instruments or their categories.
- ◆ What kind of music might they have played?

Fig. 1.23. A group of performers with musical instruments



Important centres for sculpture

Let us recall

In Chapter 15 of the Grade 7 Art Education textbook, *Kriti*, you learnt how objects can have symbolic meanings. Symbols are objects or images that have a deeper meaning than what they visually represent. For example, the wheel represents the Chakra of Dharma.

Sarnath, Mathura, and Gandhara developed as important centres for Buddhist, Hindu, and Jain sculptures, with distinct traditions and styles.

Sarnath was an important centre for Buddhism and art production. The early phase of Buddhism used many symbols to represent its ideas and beliefs. This can be seen in the lion capital, which is our national emblem. It was originally a part of the Stupa complex at Sarnath. One of the most striking features of the lion capital is its lustre, which was achieved using a technique now known as mirror polish. It is achieved by finely grinding the surface of the stone till it becomes smooth and reflective.

The Mauryan emperor Ashoka erected many pillars inscribed with his edicts that reiterated the Buddhist way of life and the path of Dhamma. Most of these pillars feature animals that have **symbolic meanings**. You will read more about symbolism in the section titled Theatre.



Fig. 1.24. Sarnath lion capital

Discussion circle

Observe the captions in the pictures and discuss these points:

- ❖ What are the various animals you see, and what are their symbolic meanings?
- ❖ What qualities of these animals do you associate with staying on the path of Dhamma?
- ❖ What other details do you appreciate in the capitals?



Fig. 1.25: (1) Vaishali lion capital; (2) Rampurva lion capital; (3) Sankissa elephant capital; (4) Rampurva bull capital.

Let us recall

Discuss artworks of the Kushāna empire that you studied about in Chapter 6 of your Grade 7 Social Science textbook *Exploring Society: India and Beyond*.



Fig. 1.26: *Mudgarpani* Yaksha; Sandstone, Mathura, 100 BCE



Fig. 1.27: Standing Bodhisattva, Schist, Gandhara, around 2nd century CE

Along with Sarnath, Gandhara and Mathura in north India also emerged as important centres of art production. This period marks a shift in the representation of the Buddha from symbolic forms to a human form. The images of the Buddha in the Mathura tradition were modelled on the lines of earlier Yaksha sculptures. The sculptural tradition at Mathura influenced traditions across northern India. Refer to the table for the distinguishing features of sculptures from these three places.

Representation of Buddha in different places

Place/Region	Material	Style/Characteristics
Sarnath	Chunar sandstone	Idealised body proportions, clinging drapery, serene and spiritual expressions
Mathura	Red spotted sandstone	Body is rounded with expressive eyes and faces
Gandhara	Grey schist	Realistic anatomy, resemblance to Greek/Roman sculptures (wavy hair, facial features, flowing robes, postures)
Sarnath	Chunar sandstone	Idealised body proportions, clinging drapery, serene and spiritual expressions

So far you have learnt to read symbolic meanings through various depictions in Buddhist sculptures. Similarly, Hindu deities are usually identified by specific images and symbols. For example, Shiva is easily identified by the trishula and the damru, and Sarasvati is identified by the veena and a swan. The use of symbolic images to identify characters or themes is termed **iconography**.

Similarly, Vishnu and other deities have their own iconography. The sculpture given below is one of the *Dashāvatāras* of Vishnu. Compare it to the sculptures you have been introduced to in this chapter, and discuss how it is different.



Fig. 1-28. Vishnu in Varaha (Boar) avatar rescuing Bhudevi (Earth) Cave no.3, Udayagiri, Madhya Pradesh, Gupta period, 5th century CE

Activity 1.6

Observe and respond to the artwork

- ◆ Discuss the story of the Varāha-avatāra in Fig. 1.28, and identify the main characters depicted in the sculpture.
- ◆ How is strength and power depicted in this artwork?
- ◆ Which among the *navarasa* would you relate with this artwork?
- ◆ Does the image of Varāha resemble any dance pose?
- ◆ Mimic the postures of Viṣṇu in Varāha-avatāra, Śeṣhanāga (king of all snakes) at his foot, and Bhūdevī being rescued.



Fig. 1.29. Gold coin depicting Samudragupta playing an instrument.

The Gupta period is known for a wide range of coins, particularly gold coins. The coin in Fig. 1.29 shows Samudragupta playing a seven-stringed bow-shaped veena called *Parivādini*. A similar instrument is referred to as *Yāzhi* in Saṅgam literature.

Painting

Examples of early painting traditions are found in Ajanta caves in Maharashtra and Sittannavasal caves

in Tamil Nadu. Paintings that are made directly on the wall surface are also known as **murals**.

In the murals at Ajanta, earth pigments and natural colours were used after priming the surface with a plaster base. The use of blue pigment, obtained from lapis lazuli, indicates contact with Persian or Central Asian visitors. Artists skillfully portrayed spatial depth and three-dimensionality by using perspective and shading techniques. You will be learning more about these techniques in the Visual Arts section.

Figure 1.30 depicts a scene from the *Mahājanaka Jātaka* showing a dancer with musicians playing flute, cymbals, and drums. The portrayal of people in graceful postures, with clearly delineated outlines and shaded tones and a variety of facial expressions can be connected with conventions of painting mentioned in the *Chitra-sūtra* of the *Viṣṇu-dharmottara Purāṇa*.



Fig. 1.30. Mural in Cave No. 1 (left: original; right: a magnified image), 5th century CE, Ajanta, Maharashtra

Discussion circle

- ❖ What ensures the longevity of an artwork?
- ❖ The murals at Ajanta have survived more than 1,500 years for us to see them today. How long do you think murals made today can last?
- ❖ Reflect on the factors that damage artwork. What can ensure their longevity?

Influence of Sanskrit literature on the Arts

Music, dance, and drama were deeply influenced by literature of the time. The *Pañchatantra* that you have grown up learning from was also written during this period by Viṣṇu Śarmā. Sanskrit playwrights gained widespread recognition and their works continue to influence themes across art forms till today. Sanskrit texts and plays featured characters who were portrayed as excellent performers well-versed in the arts. Here are a few examples:

Amrapālī in the Buddhist text *Therīgāthā*

Mālavikā in *Mālavikāgnimitram*, a play by Kālidāsa

Urvashī in *Vikramorvaśhīyam*, a play by Kālidāsa

Vasantasenā in *Mṛichchhakatīkām*, a play by Shūdraka

Do you know?

Ashvaghosha is considered to be the first Sanskrit dramatist, who lived between the first and second century CE. His work *Buddhacharitam* describes the life of the Buddha in the form of a *mahākāvya* (epic poem).

Activity 1.7**Rhythmic recitation challenge**

Bhāravi's *Kirātārjunīyam* is a *mahākāvya* that exudes *vīra rasa*. The following verse from this epic poem has only one consonant. Read it aloud multiple times till you are fluent and can feel its rhythm. The verse talks about the ideal qualities and ethics of bravery—realising one's own strength and refraining from persecuting those who are weaker.

न नोननुन्नो नुन्नोनो नाना नानाना ननु ।

Na nonanunno nunnono nānā nānānā nānū ।

नुन्नोऽनुन्नो ननुन्नो नानेना नुन्ननुन्ननुत् ॥

Nunno'nunno na nunneno nānenā nunnanunnānut ॥

— *Kirātārjunīyam*, 15.14

Related developments in global art

Ancient Greek and Roman cultures made huge contributions to the arts, exploring everything from visual artwork to live performances. Their creativity shaped the foundations of theatre, architecture, and entertainment that still influence us today.



Note to the teacher: Use online museum resources and books to show students more examples of Greek and Roman art. Help them connect historic events involving the Greeks, which they learnt in Chapter 7 of the Grade 7 Social Science textbook *Exploring Society: India and Beyond*.

Important details about Greek and Roman art are stated below.

- ❖ Greek theatre traces back to Dionysian festivals, where masks were used to show the themes of comedy and tragedy.
- ❖ Many theatre words we use today originate from Greek words like *theatron* (theatre) and *skene* (screen).
- ❖ Roman art is characterised by portraiture and a life-like quality in sculptures.

- ❖ Roman architecture such as the Colosseum and other amphitheatres hosted huge events like the Circus Maximus and gladiator games. The following selection of artworks from ancient Greece and Rome reflects a deep engagement that these cultures had with the performing arts.



Fig. 1.31. Terracotta Amphora (jar) depicting a man playing a kithara (musical instrument), Greece, 490 BCE



Fig. 1.32. Bronze statuette of a veiled and masked dancer, Greece, 7th-2nd century BCE



Fig. 1.33. Statue of a young satyr wearing a theatre mask of Silenus, Marble, Rome, 1st CE - 100 CE



Fig. 1.34. Terracotta roundels with theatrical masks, Greece, 1st century BCE



Fig. 1.35. Theatrical masks of tragedy and comedy, Roman mosaic, 2nd century CE



Fig. 1.36. Roman mosaic depicting actors and an aulos player, House of the Tragic Poet, Pompeii, 2nd century BCE



Fig. 1.37. Theatre of Epidaurum, Greece, 4th century BCE



Fig. 1.38. The Colosseum, Rome, 1st century CE

600 CE – 1200 CE

Among the artistic developments from this period, you will learn about the influence of Bhakti traditions, important treatises on the arts, as well as examples of temple architecture, sculpture, and painting from different parts of India.

Influence of Bhakti traditions and other treatises

Bhakti or devotion has always been a part of India's culture. Around the seventh century CE, the Tamil poetry of Ālvārs and Nāyanmārs/ Nāyanārs propagated Bhakti as a path of devotion and spirituality that was accessible to all people regardless of social status. Over the next 1000 years, Bhakti poetry gained popularity and spread as a social movement across the country. It continues to be an important source for music, dance, and other performing arts in present times.



Fig. 1.39. Kūḍiyāṭṭam performance

Under the Bhakti *paramparā*, dancers were closely connected to temples, with some of them having an exclusive space for performances. Dance became a part of temple rituals and gave rise to the tradition of temple dancers. Chola period records indicate that dancers were categorised as temple dancers, ritual dancers, court dancers and dancers for the general audience.

The ninth century CE Chera ruler Kulaśekhara Varman, also known as Kulaśekhara Ālvār, is credited with reconstructing Kūḍiyāṭṭam, a performing art tradition that combined Sanskrit theatre and dance (kūtu). This art form continues to be practised in Kerala till today.

Important treatises

From the seventh century CE onwards, many texts were written, which became popular among artists and became the basis for major evolution that took place in the later periods.

Saṅgīta-makaranda by Nārada (seventh–eighth century CE) and *Bṛīhaddeshī* by Matanga Muni (eighth–ninth century CE) are two important treatises on music.

The *Saṅgīta-makaranda* is an ancient work on Indian Classical Music. It is a rare collection of definitions, descriptions, and comments on all the essential musical theories prevalent at the time. There were references of other ancient reputed authors like Bharata Muni, Matanga Muni, etc. The main features are the treatment of *rāga* and their classification. Nārada Muni structured popular music belonging to different communities living in varied geographical locations as *rāgas*. These scales in classical music, or groups of notes, became popular because they were named after the region, such as Gurjar, Khamboj, Malava, etc.

The *Brīhaddeshī* highlights the distinction between *mārga* (classical, pan-Indian tradition) and *desī* (regional, folk-influenced music). It also associates specific colours with each of the seven notes/ *svaras*.

S- Colour of a lotus petal

R- Colour of a parrot

G- Golden colour

M- White like a jasmine bloom

P- Black (Kṛishṇa)

D- Yellow

N- Multi-coloured

Activity 1.8

Visualise music

What do you visualise when you listen to a piece of music? Listen to a recording of instrumental music and create an artwork based on what you visualise. Some actions can be done by the students to help peers which will showcase the emotion in music.



Abhinavabhāratī by Abhinavagupta (950–1020 CE) was a commentary on the *Nāṭyaśāstra*, which continued the study of *rasa* theory.

Nāṭakalakṣaṇaratnakōṣha by Sāgaranandi (ninth century CE) explains the characteristics and the implementation of the rules of Sanskrit drama, like dramatic structure and character types.

Daśharūpaka by Dhanañjaya (tenth century CE) classified the types of drama scripts into 10 categories based on structure, theme, and characters.

Abhinaya-darpanam by Nandikeshvara (eleventh century CE) is the first text solely dedicated to both dance and drama techniques. As it is an important manual on expressive techniques (*abhinaya*), codifying hand gestures and body positions, it continues to be followed by dance professionals even today.

Activity 1.9

Mindful movement

Do you think dance can be a mindful practice?

Try a few dance movements according to Shloka no. 36 of *Abhinaya-darpanam* given below, and note down your reflections.

यतो हस्तस्ततो दृष्टिर्यतो दृष्टिस्ततो मनः ।

यतो मनस्ततो भावो यतो भावस्ततो रसः ॥

Yato hastas tato drishtir yato drishtish tato manah |

Yato manas tato bhāvo yato bhāvas tato rasah ||

Meaning: Wherever the hand moves, the eyes follow; Wherever the eyes go, the mind follows; Where the mind is directed, there *bhāva* is created; Where there is *bhāva*, *rasa* unfolds.



Fig. 1.40. Kailasha Temple (dedicated to Lord Shiva), Cave No.19, Ellora Caves, Rashtrakuta, Maharashtra, 8th century CE

Rock-cut architecture and sculpture

The Kailasha Temple, Ellora Caves in Maharashtra, a UNESCO World Heritage Site, is the largest monolithic free-standing architectural structure in the world. It is carved from monolithic (single) basalt rock, starting from the top and progressing downwards.

Historians have estimated that the temple took 18 years to build, and around 4,00,000 tonnes of rock were cut out during its construction, without a single piece of rock attached separately.

Let us explore

The Kailāsha Temple's construction can be compared to an excavation process, where the builders carefully removed rock bit by bit from the top. They had to visualise the entire temple inside the monolith before starting the construction, and could not afford to make mistakes while cutting out rock.

What kind of planning would they have done?

This is one among many monumental rock-cut relief sculptures spread across a forest area. 'Unākoti' means one less than one crore, which is believed to be the number of carvings found in this region.



Fig. 1.41: Unākotiśvara Kailāshnātha (30-foot rock-cut sculpture of Lord Shiva), Unākoti, Tripura, 7th-9th century CE



Fig. 1.42: Inscription at the Kudumiyāmalai Temple, Pallava, Pudukkottai, 7th century CE

The Kudumiyāmalai inscription is a significant musical inscription on a cave temple's rock face that provides insight into ancient Indian music and classical *rāgas*. It contains musical notes and treatise details in Sanskrit and Tamil.

Let us explore

Palm leaves were commonly used for written texts and documents. Why do you think these musical notations and detailed treatise were inscribed on rock?

Performing traditions in temple sculptures

A wide variety of subjects and themes are seen in temple sculptures across India. We can see entire story panels that depict scenes from the *Purāṇas* and other epics, to the elaborate carvings of people engaged in various art forms. Look at the following examples.



Fig. 1.43. 108 Karanas (dance phrases) from the *Nāṭyaśāstra* (depicted like a storyboard), Chola, Chidambaram temple, Tamil Nadu, 9th century CE



Fig. 1.44. Sculptures in Khajuraho group of monuments, Chandela, 10th-12th century CE



Fig. 1.45. Sandstone panel with dancers and musicians, Sikar, Harshgiri Rajasthan, 973 CE

The Cholas mastered the technique of bronze sculpture. While the Natarāja, or Śhiva as the Lord of Dance, had previously been represented in stone sculptures, the Chola bronze version set within a ring of fire became iconic for symbolising cosmic rhythm and movement.

Iconography of the Natarāja:

- ❖ **Ring of fire:** The cyclical nature of the universe
- ❖ **Five cosmic activities:** Creation, preservation, destruction, illusion, and salvation
- ❖ **Four hands:**
 - **Back left:**
Fire, denoting destruction in the cycle of nature
 - **Front left:**
Gajahasta-mudrā (elephant trunk hand) signifying refuge and emancipation for the soul
 - **Back right with *damru*:** birth of sound and source of the alphabet of language
 - **Front right:**
Abhaya hasta for protection. You have already learnt some *hasta-mudrās* in previous grades
- ❖ **Flying hair:** River Ganga and a snake within it
- ❖ **Left foot:** Detachment leading to upliftment of the soul for the attainment of *mokṣha*
- ❖ **Right foot:** *Apasmāra Puruṣha* (dwarf), crushing ignorance



Fig. 1.46. Nataraja, Chola period, Bronze, 10th century CE



Fig. 1.47. *Madanika: Dancing Drummer, Hoysala. Soap stone, Chennakeshava Temple, Belur, Karnataka, 12th century CE.*

Under the Hoysala rulers, sculptures are characterised by short, rounded human forms with decorative and intricate carvings.

Manuscript painting

The *Gilgit manuscript* from Kashmir is the earliest surviving manuscript written on birch bark, dating back from the fifth to sixth century CE. It is a sacred Buddhist text that is written in the Shāradā script.



Fig. 1.48. *White Tara, Ashtasahasrīkā Prañhāparimitā manuscript, by Mahāvīra Master, Pala, palm leaf, early 12th century CE.*

Until the arrival of paper in the twelfth century, manuscripts were primarily written on palm leaf and occasionally on cloth. Due to the fragility of these materials and the relatively small size of manuscripts that allowed their portability from one place to another, manuscripts older than the fifth century have not been discovered till now.

Let us explore

- Which aspects of the White Tārā in Fig. 1.48 remind you of the Chola bronze Natarāja?
- What do you think white symbolises in this image?

Related developments in global art

Indian art and culture began travelling to Southeast Asia as early as the first century BCE, via maritime trade routes, military incursions of Cholas, as well as travelling Buddhist and Hindu monks. The *Rāmāyaṇa* and *Mahābhārata* became major influences on the art, architecture, dance and theatre traditions in Southeast Asian countries like Indonesia, Thailand, Vietnam, and Cambodia.



Fig. 1.49. Angkor Wat, Hindu-Buddhist temple, Cambodia, 12th century CE, built during the reign of Suryavarman II of the Khmer Empire



Fig. 1.50. Wayang Kulit (shadow puppetry) based on Hindu epics, Indonesia



Fig. 1.51. Relief at Angkor Wat depicting a war band



Fig. 1.52. Apsaras from Angkor Wat

Living Traditions

At the beginning of this chapter, you learnt about tangible and intangible cultural heritage. While many traditions have been practised for generations, their exact origins may not be known, and hence they cannot be placed accurately on a timeline. These are known as **living traditions**. They include various art forms you have studied before, such as pottery, textiles, sculpture, painting, handcrafting of various everyday objects, musical instruments, performing traditions related to music, dance, and drama.

The living traditions are important because they connect us with our past heritage and inspire us to continue legacies that have been handed down to us. The following activities will help you explore living traditions in your region as well as in other parts of India. Some of the information provided will also help you trace the connection with artworks and treatises that you have read about throughout this chapter.

Explore living traditions of India

There might be a variety of art traditions that you have experienced during various festivals, occasions, and events that occur through the year. These may involve music, dance, drama, painting, sculpting, crafting, or a combination of all these.

As you look at the pictures of the various living traditions provided here, connect them to the artworks you have studied so far and discuss similar traditions you see in your region/state. One example is provided below, which will help you work on the activity that follows.

Let us explore



Fig. 1.53. Dhokra artefacts, Madhya Pradesh

Metal crafts

Dhokra is a living tradition that uses the lost-wax process to create beautiful metal artworks, jewellery, and other objects. This tradition is kept alive by many communities across the central and eastern regions of India. Dhokra artists today use mixtures of brass, copper, lead, and scrap metal.



Fig. 1.54. Nataraja at the Bharat Mandapam

Of the sculptures you have studied in this chapter, which are made from the lost wax process?

The tallest Nataraja sculpture in the world now stands at the Bharat Mandapam in erstwhile Pragati Maidan, New Delhi. Take your teacher's help to find out more about it and note down the following details:

- ◆ Artist
- ◆ Lineage/tradition
- ◆ Material
- ◆ Dimensions
- ◆ Year of installation

Activity 1.10

Find out about living traditions

You have explored metal crafts through the ages. Now, make groups in your class and choose a living tradition from the choices given below. Gather information about the art forms your group has chosen. Present it in class and discuss the traditions.

Painting traditions

- ◆ What are the painting traditions in your region/state?
- ◆ What materials and mediums do they use? How have they changed over time?



Fig. 1.55. Warli painting, Maharashtra



Fig. 1.56. Dance from Kumaon, Uttarakhand

Dance forms

- ◆ Find an artwork from this chapter that shows dancers in a similar formation.
- ◆ In which Indian dances do you see formations like this practised today?

Masks

- ◆ Find out about Indian performing traditions that use masks.
- ◆ What are the masks made of?
- ◆ How are they used in performances?

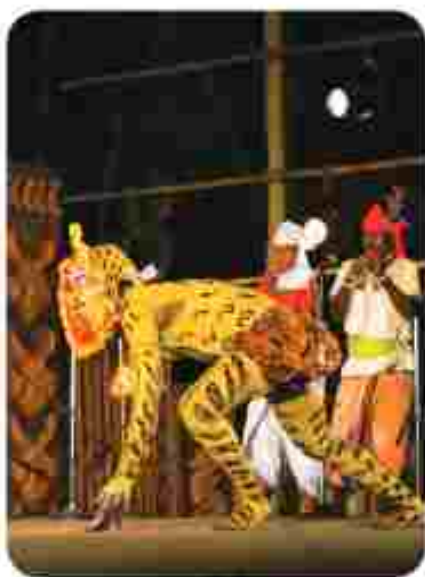


Fig. 1.57. Left: Mask and costumes in Pūvesha (tiger dance, Karnataka); Middle: Mask made by the Monpa tribe, Arunachal Pradesh; Right: Dance with masked performers, Goa

Songs

- ◆ Which traditional songs are performed in your region/culture to mark important life events, such as birth of a child, wedding? Think of some harvest songs, grinding mill songs, songs of fisherfolk, travel songs, festival songs, or songs on the everyday life, etc.
- ◆ Would you categorise these songs as tangible or intangible heritage?

Musical instruments

- ◆ Find artworks/texts from this chapter that are connected to music.
- ◆ Which traditional musical instruments are used in your region, and what materials are they made of?



Fig. 1.58. Taus, or Mayuri Veena

Kathā/ storytelling traditions

- ◆ Gather and share folk stories from different parts of India.
- ◆ How are stories told in your region through drama, music, dance, and visual arts?



Fig. 1.59. Totipayakattu, a shadow puppetry tradition from Kerala

Do you know?

Several Indian films have adapted characters and stories from Sanskrit plays you have learnt about in this chapter. The next time you watch a film, find out about the sources and inspiration behind the storyline and characters.

In this chapter, you have studied some key developments in the arts from early history till the twelfth century CE. You will continue to learn more in Grade 10.

EXERCISES

- Q1. Categorise the given list into tangible and intangible cultural heritage:
- Sculptures
 - Vedic chanting
 - Knowledge of weaving textiles
 - Pottery
 - Jewellery
 - Traditional wedding songs
 - Kāvad Kathā
 - Madhubani painting
- Q2. Why are ancient texts and treatises on Indian arts still relevant today?
- They contain exact instructions for making different artefacts.
 - They provide historical knowledge, technical guidance, and philosophical foundations for understanding and practising Indian arts.
 - They only contain the rules for dance.
 - They are only useful for studying ancient scripts and languages.
- Q3. Why do you think the murals in the Ajanta caves have survived close to 1,500 years?
- Because the murals were repainted every year by local population
 - Because they contain a mixture of natural and synthetic pigments
 - Because the caves provided a stable, sheltered environment that protected the paintings from sunlight, rain, and wind
 - Because the caves were built on a sacred site where decay does not occur
- Q4. Write three rules you would follow when you are at a historical monument, performance, or art gallery, in order to respect the art and ensure its protection from damage.
- Q5. Choose any art form you are familiar with. What kind of developments do you see in techniques over time? Use these prompts to guide your responses to the following:
- Function or role of artworks/performance traditions at different points of time
 - Exploration of literary sources, materials, mediums, and techniques
 - How are arts processes practised today informed by the past?
- Q6. Write a note on any work of Indian art that you like, which was made before 1200 CE. You can also choose an artwork that hasn't been provided in the textbook. Describe using any five prompts given below:
- Material, time period, location/region
 - Subject/theme
 - Iconography or symbolism (if any)
 - Visual characteristics (style/expression)
 - What interests you in the artwork, and how do you connect it to the present times?

- vi. Which emotions or *navarasa* do you experience when you see the artwork, and how do you relate to it?

Projects

Q7. Individual Project

Select any one tradition of Indian art practised today. This may include music, dance, theatre, visual arts, etc. Write a note on them by describing the following:

- i. Art forms that they involve (Music, dance, drama, visual arts, etc.)
- ii. Occasion/purpose of the performance
- iii. Subject/theme of the performance
- iv. Literary sources (oral tradition or written texts)
- v. Instruments, props, and other resources that are used
- vi. Number of artists/performers who are involved (add names, if possible)
- vii. Which aspects of the performance tradition have continued from one generation to the next, and what changes has it undergone?
- viii. What interests you in the performance, and how do you relate to it?
- ix. What emotions do you feel when you see the artwork?

Q8. Group Project

Explore a local tradition

Every part of India lives and engages with diverse traditions and rich cultural heritage. Choose a State or Union Territory in India that is not the one you live in, and that is preferably not chosen by another group in your class.

Using the prompts below, find out about visual or performing arts living traditions.

- Name of the Tradition
- State/Union Territory
- Neighbourhood/Group associated with the art form/s
- Description of the art tradition—materials, instruments, costumes, techniques, etc.
- Function or role of the art traditions
 - When is it performed or practised?
 - Has it always been performed in the same way?
 - What changes has it undergone during the last 20–25 years?
 - What histories, stories, oral traditions, or texts are associated with this practice?
- Present your explorations in class.



Fig 1.60: Indigenous art forms